

Nitya Stotra

Wake up on the right side and chant the below two shlokas

1

karāgre vasate lakṣhmi, karamadhye sarasvatī |
karamūle sadā gaurī, prabhāte karadarśanam ||

2.

samudravasane devi, parvatastana-maṇḍale |
viṣṇupatni namastubhyaṁ, pādasparśaṁ kṣamasva me ||

While Bathing

3.

gaṅge ca yamune kṛṣṇe, godāvari sarasvati |
narmade sindhu kāveri, jale'smin sannidhiṁ kuru ||

Pray to Tulasi after bath – Applicable to both Boys and Girls

4.

prasīda tulasīdevī, prasīda harivallabhe |
kṣīrodha-mathanodbhūte, tulasi tvāṁ namāmyaham ||

During Morning Prayers

5.

ahalyā draupadī sītā tārā mandodarī tathā |
pañcakanyāḥ smaren nityaṁ, mahāpātaka-nāśanam ||

6.

aśvatthāmo balir vyāso hanumān ca vibhīṣaṇaḥ |
kṛpaḥ paraśurāmaś ca, saptaite cirajīvinaḥ ||

7.

āpādamauḷi paryantaṁ guruṇām ākṛtiṁ smaret |
tena vighnāḥ praṇaśyanti, siddhyanti ca manorathāḥ ||

8.

pūjyāya rāghavendrāya satyadharmarātāya ca |
bhajatām kalpavṛkṣāya, namatām kāmadhēnave ||

9.

vakra-tuṇḍa mahākāya, koṭisūrya-samaprabha |
avighnaṁ kuru me deva, sarvakāryeṣu sarvadā ||

10.

vighnāḍipam mahādevaṁ haricandana-śobhitam |
samasta-vighna-nāśāya, gaṇānām pataye namaḥ ||

11.

namaḥ sūryāya candrāya, maṅgalāya budhāya ca |
guruḥ śukraḥ śanaiś cāpi, rāhave ketave namaḥ ||

12.

sarva-maṅgala māṅgalye, śive sarvārtha-sādhike |
śaraṇye tryambake gauri, nārāyaṇi namo'stu te ||

13.

hara śambho mahādeva, viśveśa amaravallabha |
śiva-śaṅkara sarvātman, nīlakaṇṭha namo'stu te ||

14.

buddhir-balaṁ yaśo dhairyaṁ nirbhayatvaṁ arogyatā |
ajāḍyaṁ vāk-paṭutvaṁ ca, hanumat-smaraṇād bhavet ||

15.

sarasvati namastubhyam, varade kāmarūpiṇī |
vidyārambhaṁ kariṣyāmi, siddhir-bhavatu me sadā ||

16.

namaste'stu mahāmāye, śrīpīṭhe surapūjite |
śaṅkha-cakra-gadā-haste, mahālakṣmi namo'stu te ||

17.

jñānānanda-mayaṁ devaṁ, nirmala-sphaṭikākṛtim |
ādhāraṁ sarva-vidyānām, hayagrīvaṁ upāśmahe ||

18.

kṛṣṇāya vāsudevāya, haraye paramātmāne |
praṇataḥ kleśa-nāśāya, govindāya namo namaḥ ||

19.

kalyāṇādbhuta-gātrāya kāmitārtha-pradāyine |
śrīmad-veṅkaṭanāthāya śrīnivāsāya te namaḥ ||

20.

rāmāya rāmabhadrāya rāmachandrāya vedhase |
raghunāthāya nāthāya sītāyāḥ pataye namaḥ ||

21.

ugraṁ vīraṁ mahāviṣṇuṁ jvalantaṁ sarvato-mukham |
nṛsimhaṁ bhīṣaṇaṁ bhadraṁ mṛtyuṁ-mṛtyuṁ namāmyaham ||

Evening Prayers – Wrap up the day with these chants

22.

maṅgalaṁ bhagavān viṣṇuḥ, maṅgalaṁ madhusūdanaḥ |
maṅgalaṁ devakīputro, maṅgalaṁ garuḍadhvajah ||



23.

kāyena vācā manasendriyair vā
buddhyātmanā vā prakṛteḥ svabhāvāt ।
karomi yadyat sakalam parasmai
nārāyaṇāyeti samarpayāmi ॥

Before Sleeping – to avoid bad dreams

24.

rāmaṁ skandhaṁ hanumantaṁ vainateyaṁ vṛkodaram ।
śayane yaḥ smaren nityaṁ, duḥsvapnaḥ tasya naśyati ॥